

REPORT TO THE BEHAVIORAL HEALTH OVERSIGHT COMMISSION

October 14, 2005

**NEBRASKA HEALTH AND HUMAN
SERVICES SYSTEM**

NEBRASKA HEALTH AND HUMAN SERVICES SYSTEM



AGENDA

1. BEHAVIORAL HEALTH SYSTEM PERFORMANCE

- **EPC Admissions**
- **Inpatient Services**
- **Community Services**

2. MEDICAID

3. RENTAL ASSISTANCE PROGRAM

4. REGION 6 PLAN

BEHAVIORAL HEALTH SYSTEM PERFORMANCE

- **EPC Admissions**

EPC Admissions by Region FY02, FY03, FY04, FY05

*Will be updated
each quarter*

Region	FY02	FY03	FY04	FY05
Region 1	269	221	*231	** 245
Region 2	169	155	153	154
Region 3	543	550	520	510
Region 4	646	496	496	451
Region 5	744	834	798	850
Region 6	559	457	403	452
Total	2930	2713	2601	2662

Data Source: Regional Administration and Magellan Behavioral Health

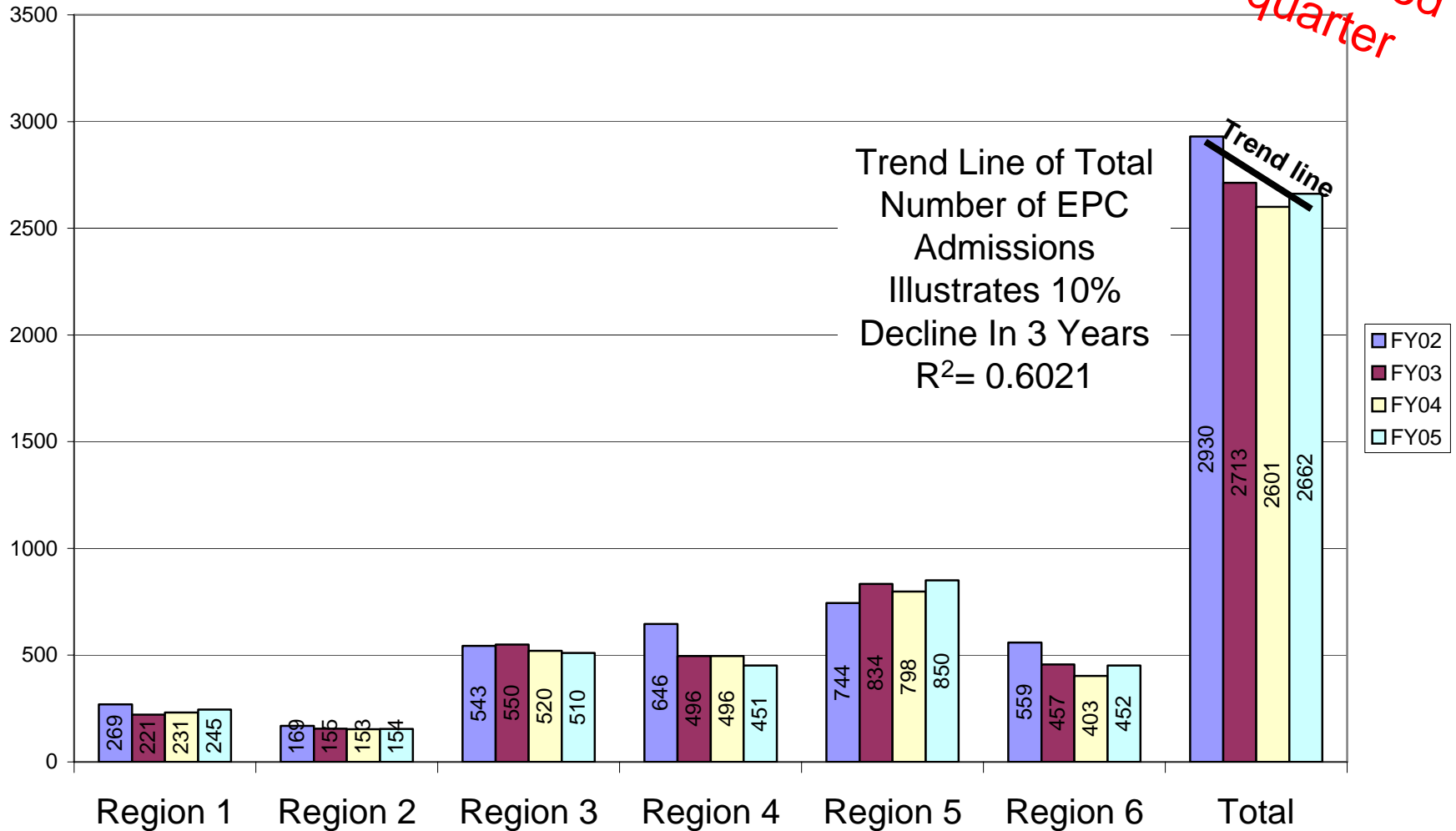
FY05 Data Run Date: July 26, 2005

* FY 04 Amended by Region 1 to reflect full year data.

** FY 05 Amended by Region 1 - Double data entry of admissions being corrected

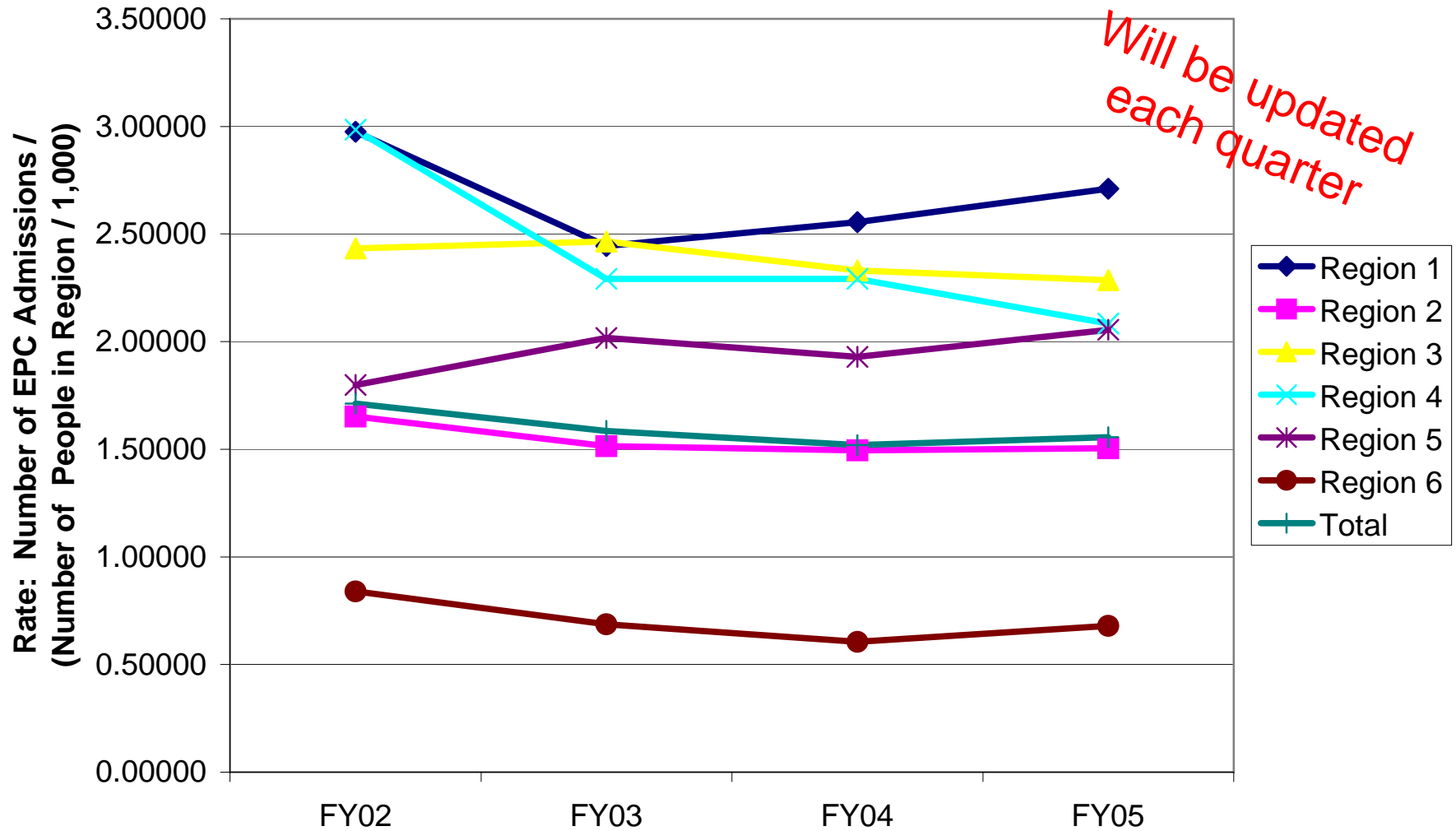
EPC Admissions by Region

*Will be updated
each quarter*



EPC Admissions Per 1,000 People in Region

Population Determined by Official Census 2000



INPATIENT SERVICES REGIONAL CENTER DATA

- MHB Commitments – RC “Reform” Units by Fiscal Year
- MHB Commitments –RC “Reform” Units by Month
- Wait Lists – RC
- Admissions / Census – “Reform” Units
- Discharge Living Arrangements – “Reform” Units

Mental Health Board Commitment Admissions to Behavioral Health Reform Units* by Region

Excludes Adolescent, Forensic and Sex Offender Units

FY02, FY03, FY04, FY05

Region	FY02	FY03	FY04	FY05
Region 1	50	54	40	7
Region 2	74	40	35	32
Region 3	241	179	140	129
Region 4	39	69	80	76
Region 5	205	216	172	155
Region 6	262	274	274	227
Total	871	832	741	626

*Will be updated
each quarter*

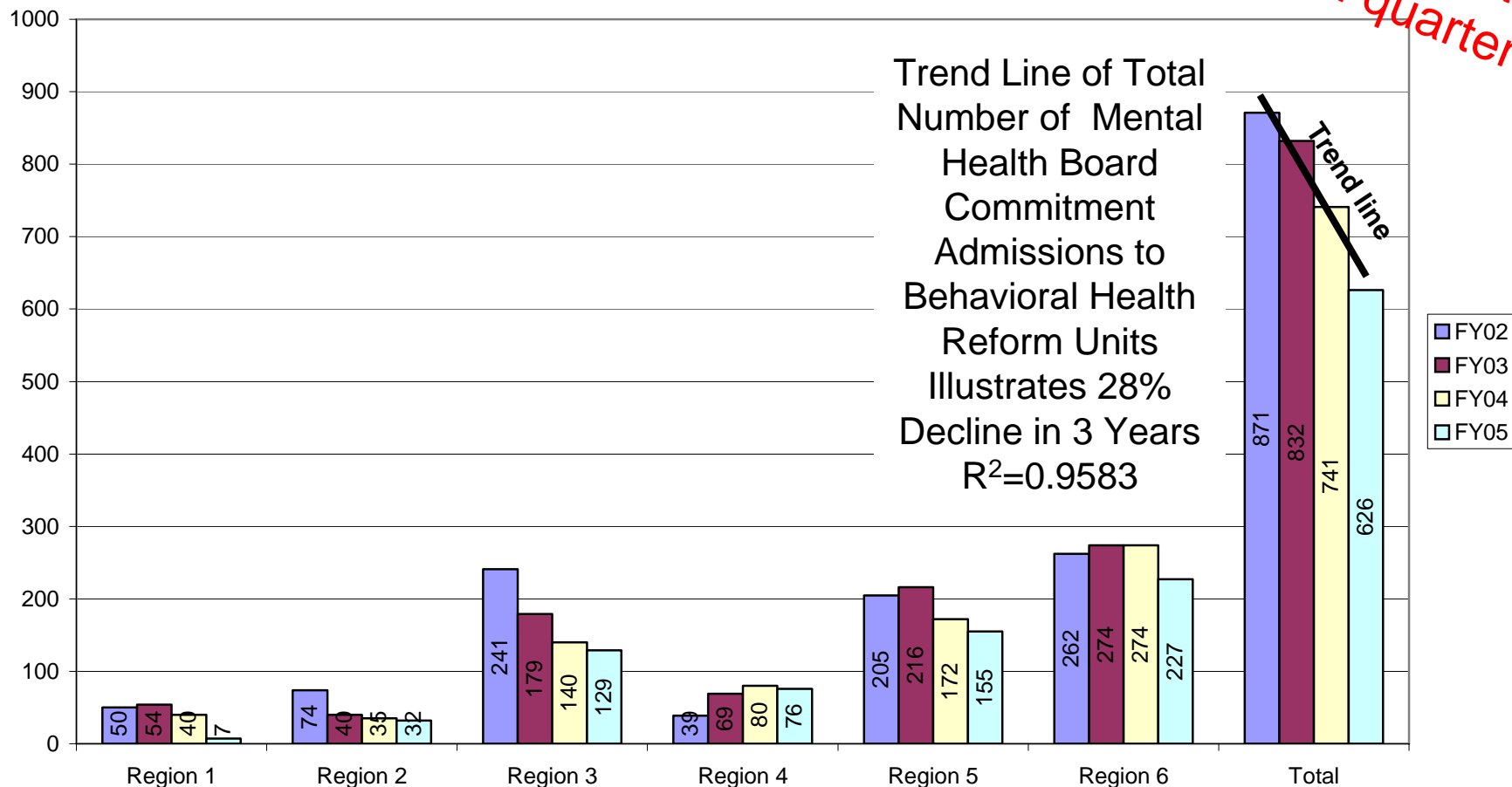
Data Source: AIMS

* Behavioral Health Reform Units includes inpatient and residential units at LRC, NRC, and HRC, but excludes Adolescent, Forensic and Sex Offender units

Mental Health Board Commitment Admissions to Behavioral Health Reform Units by Region

Excludes Adolescent, Forensic and Sex Offender Units

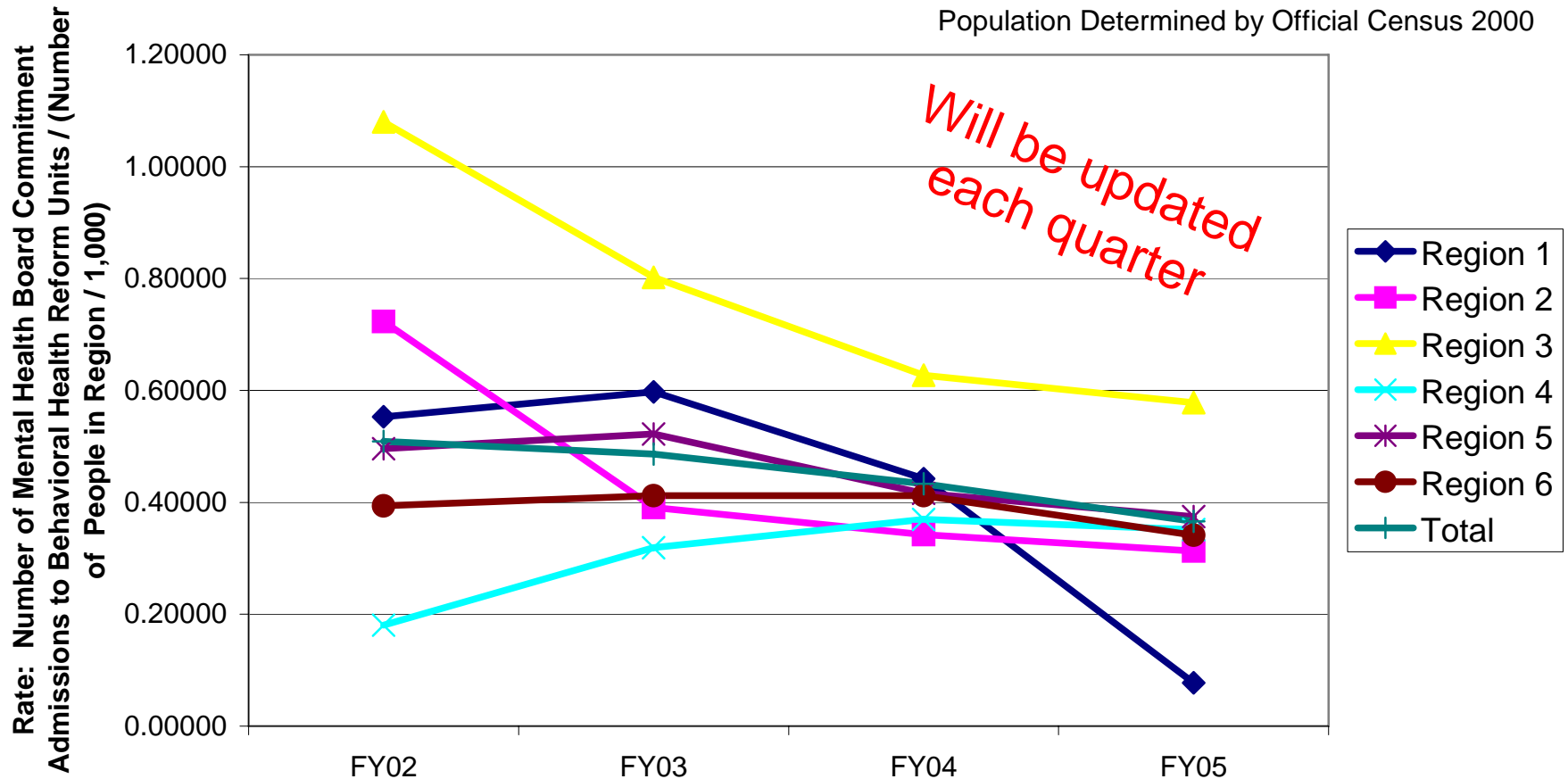
Will be updated each quarter



Mental Health Board Commitment Admissions to Behavioral Health Reform Units per 1,000 People in Region

Excludes Adolescent, Forensic and Sex Offender Units

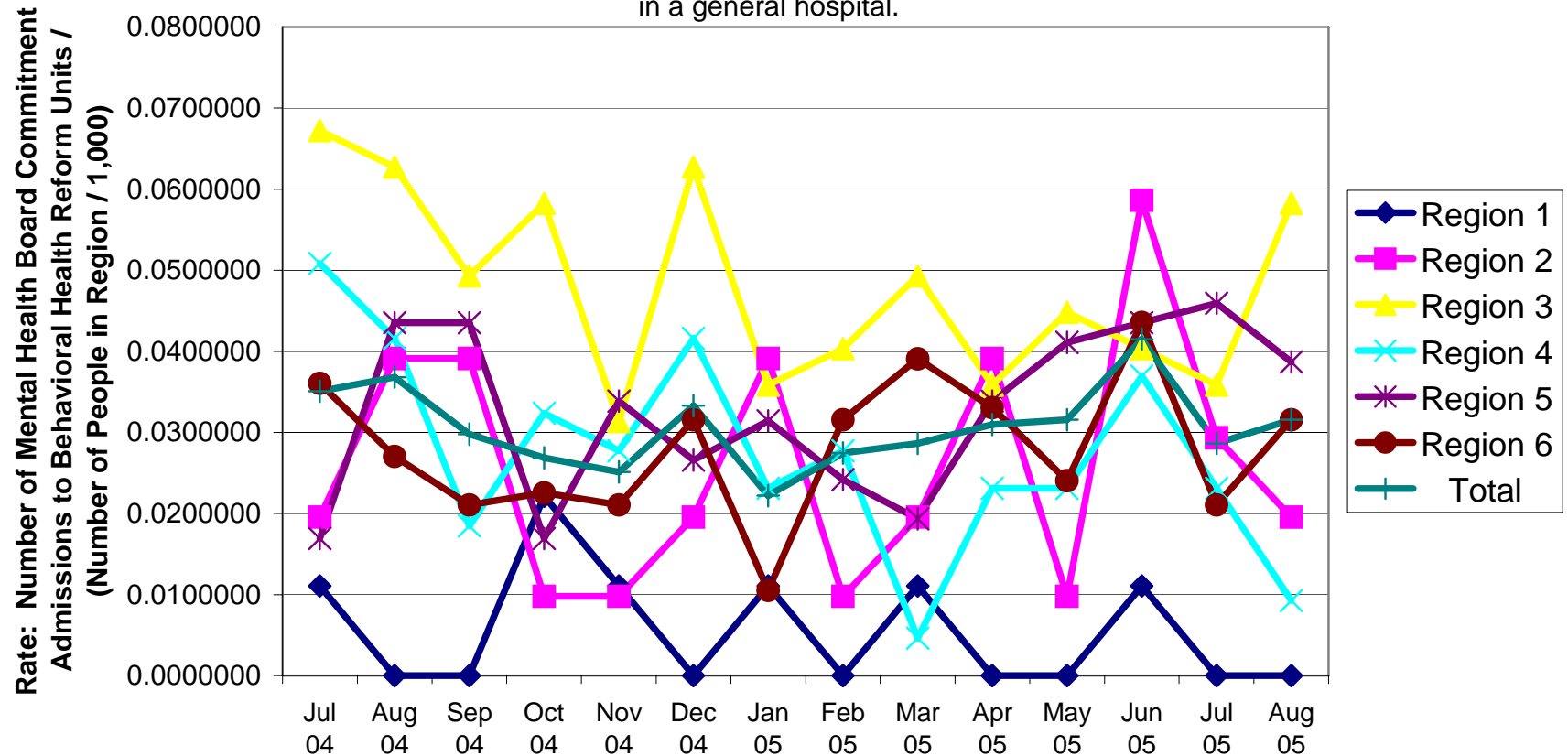
Population Determined by Official Census 2000



Monthly Mental Health Board Commitment Admissions to Behavioral Health Reform Units per 1,000 People in Region

Excludes Adolescent, Forensic and Sex Offender Units

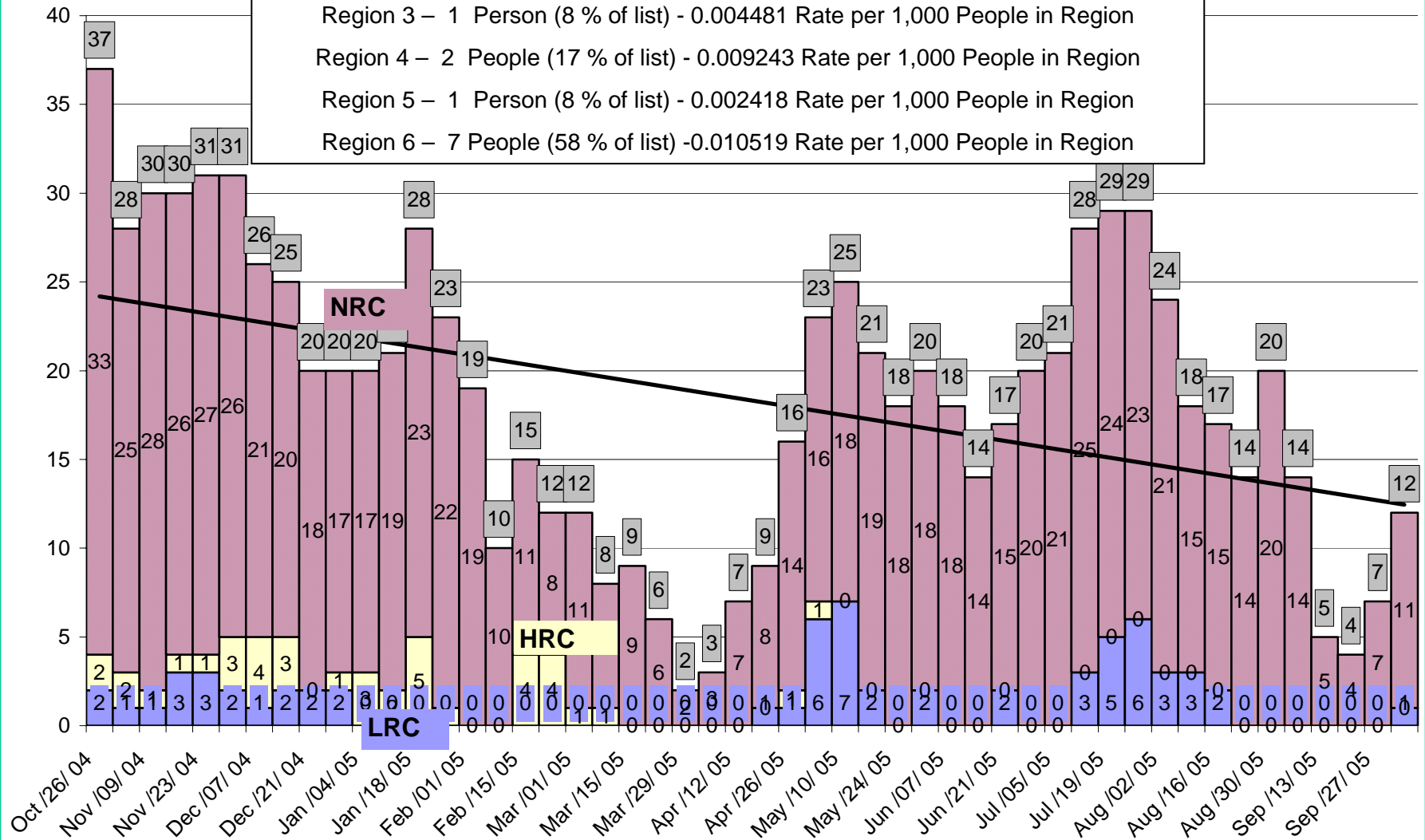
Does not include transfers or referrals between regional centers and persons returning from treatment in a general hospital.



Regional Center Waiting List

October 4, 2005

Region 2 – 1 Person (8 % of list) - 0.009774 Rate per 1,000 People in Region
 Region 3 – 1 Person (8 % of list) - 0.004481 Rate per 1,000 People in Region
 Region 4 – 2 People (17 % of list) - 0.009243 Rate per 1,000 People in Region
 Region 5 – 1 Person (8 % of list) - 0.002418 Rate per 1,000 People in Region
 Region 6 – 7 People (58 % of list) - 0.010519 Rate per 1,000 People in Region



October 14, 2005

HHSS Division of Behavioral Health Services

12

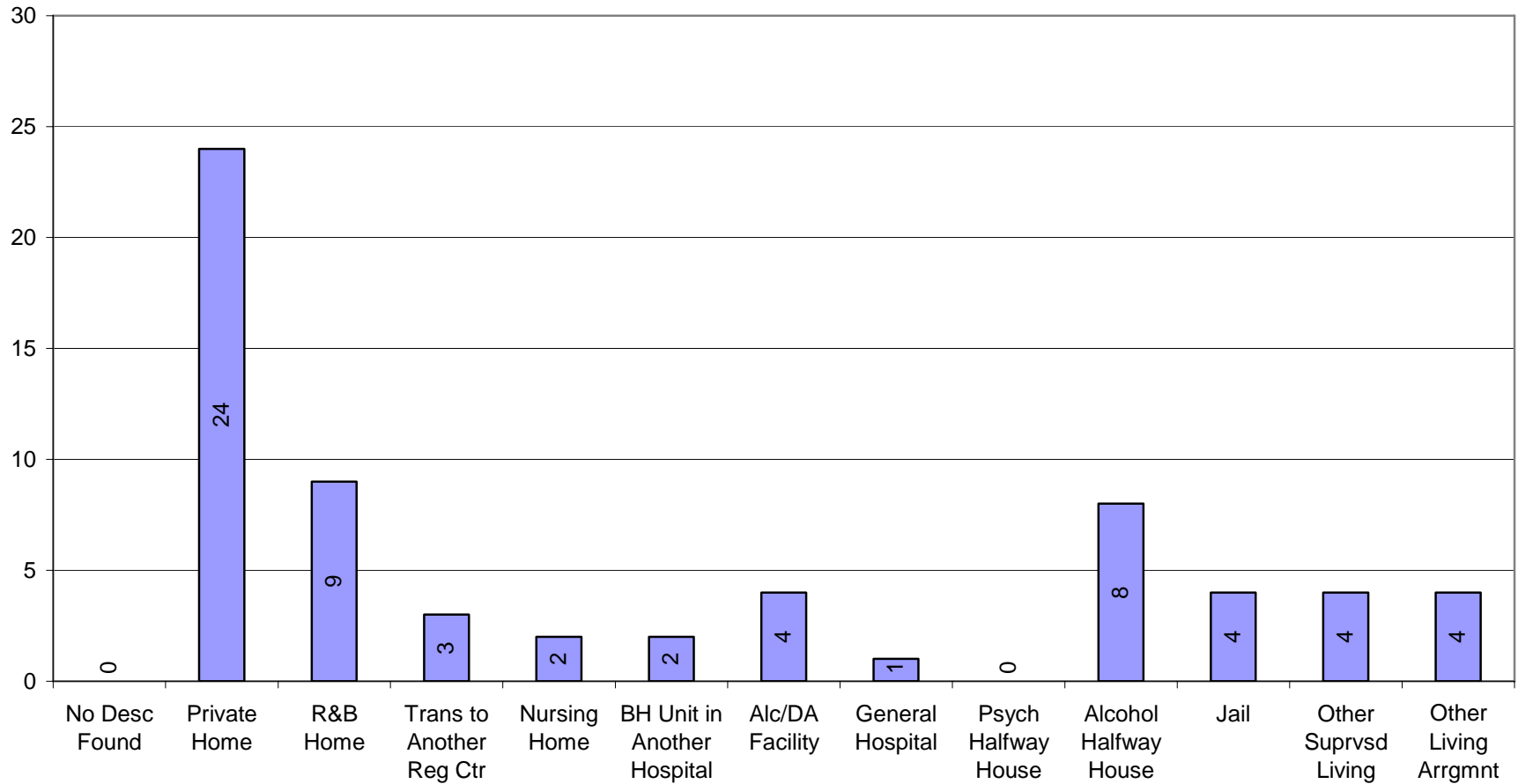
Regional Center Census –August 31, 2005

Excludes: Adolescent, Forensic and Sex Offender Units

Regional Center	Admissions	Census
Hastings Regional Center		
Residential Rehab	17	30
Lincoln Regional Center		
Short Term Care	18	38
Community Transition	0	39
Norfolk Regional Center		
Geriatric Medical – 1W	0	33
SPMI, Male – 2E	3	37
SPMI, Mixed – 3E	0	37
Transition / Rehabilitation – 2W	0	36
Admissions – 3W	18	35
TOTAL	56	285

August Discharge Living Arrangements from Behavioral Health Units

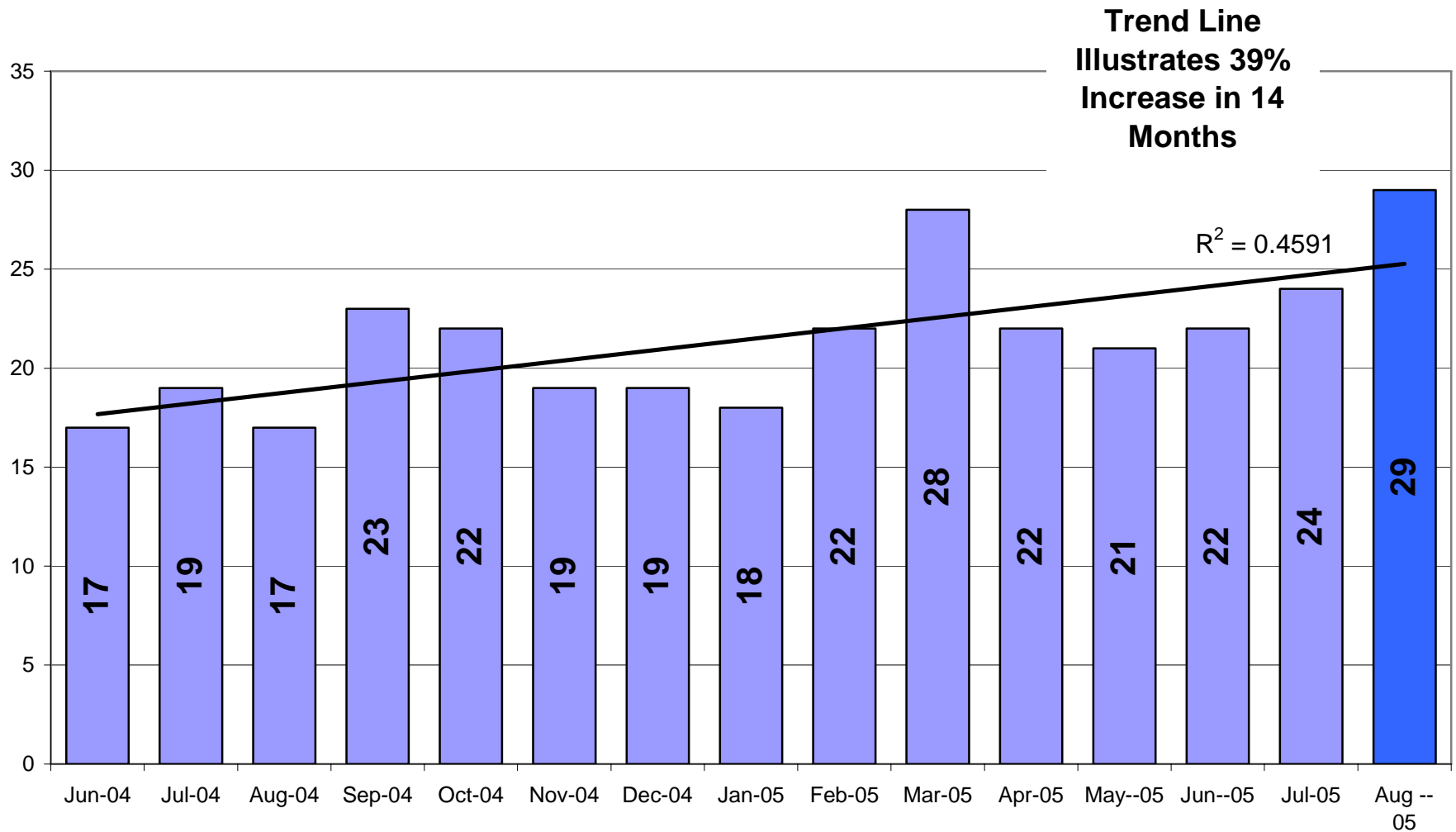
Excludes: Adolescent, Forensic and Sex Offender Units



Community Services

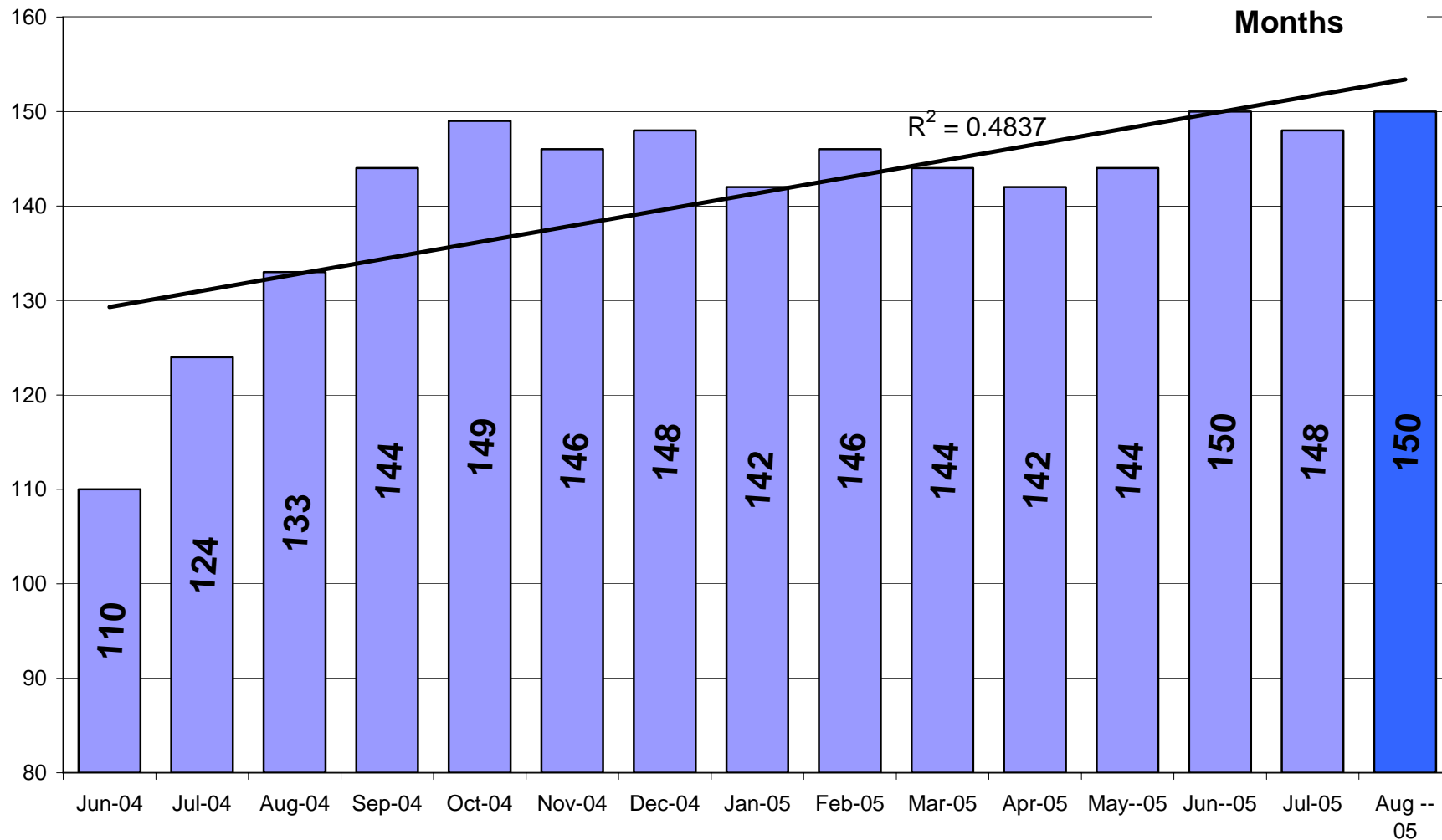
- Development of Community-based Services
 - Progress Reports
- Number of People Served
 - Dual Residential – 39% Increase
 - Assertive Community Treatment – 19% Increase
 - Community Support - Mental Health – 17% Increase
 - Community Support - Substance Abuse – 16% Increase
 - Short Term Residential – 10% Increase
 - Day Rehabilitation – 7% Increase
 - Psychiatric Residential Rehabilitation – 15% Increase
 - Total People Served (Duplicated) in Community Services – 14% Increase

People Served Per Month in Dual Residential Services

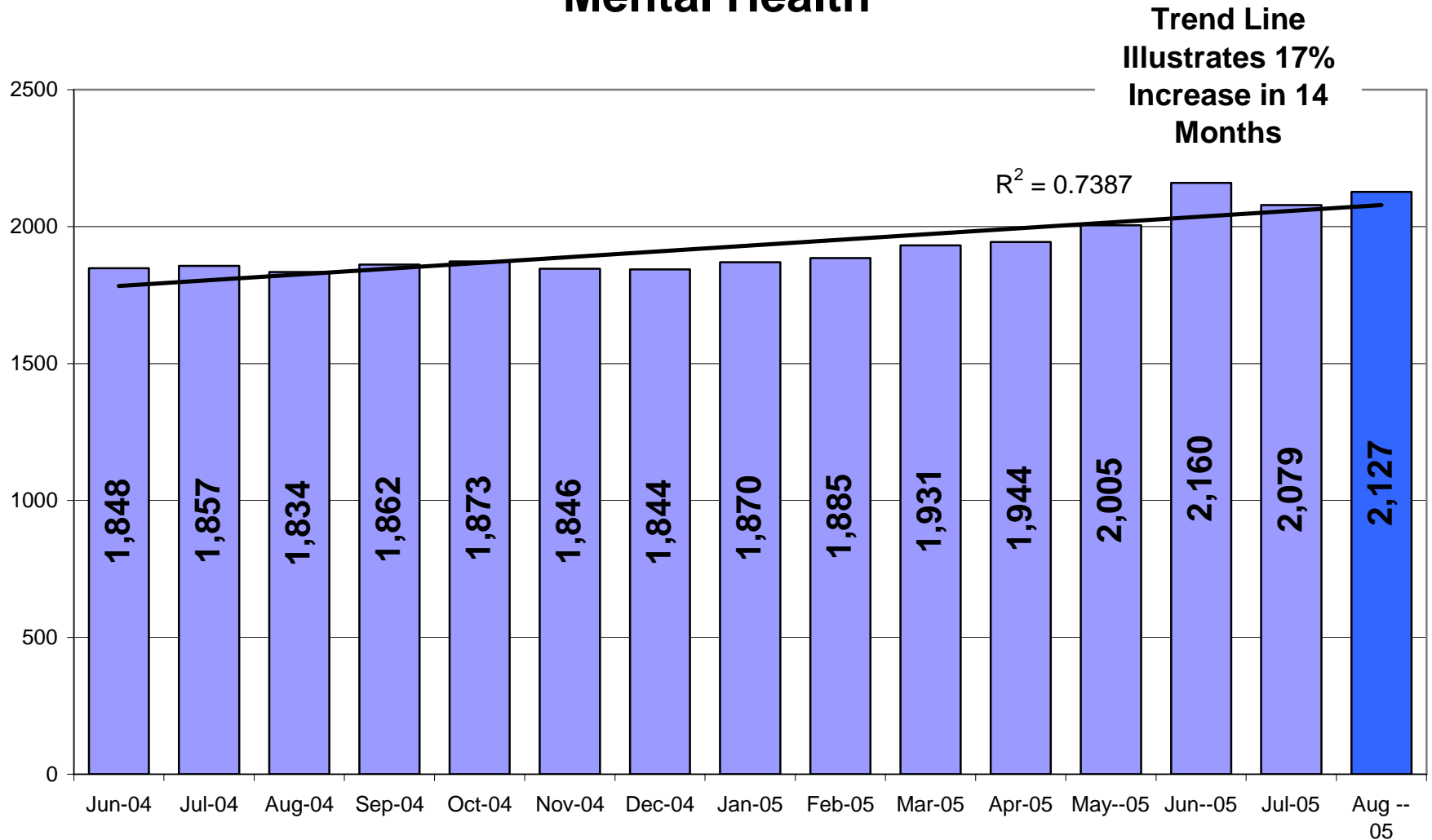


People Served Per Month in ACT

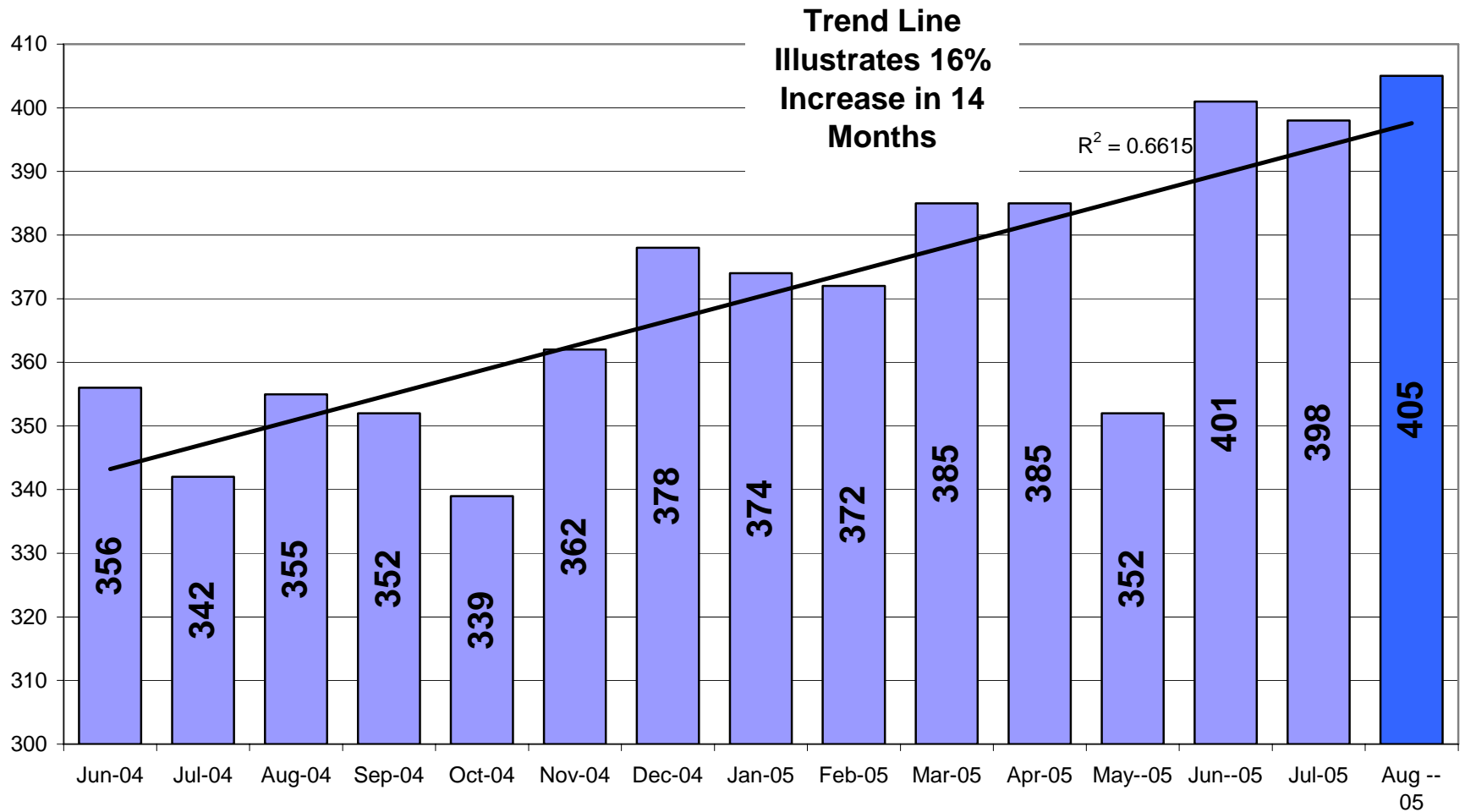
Trend Line
Illustrates 19%
Increase in 14
Months



People Served Per Month in Community Support - Mental Health

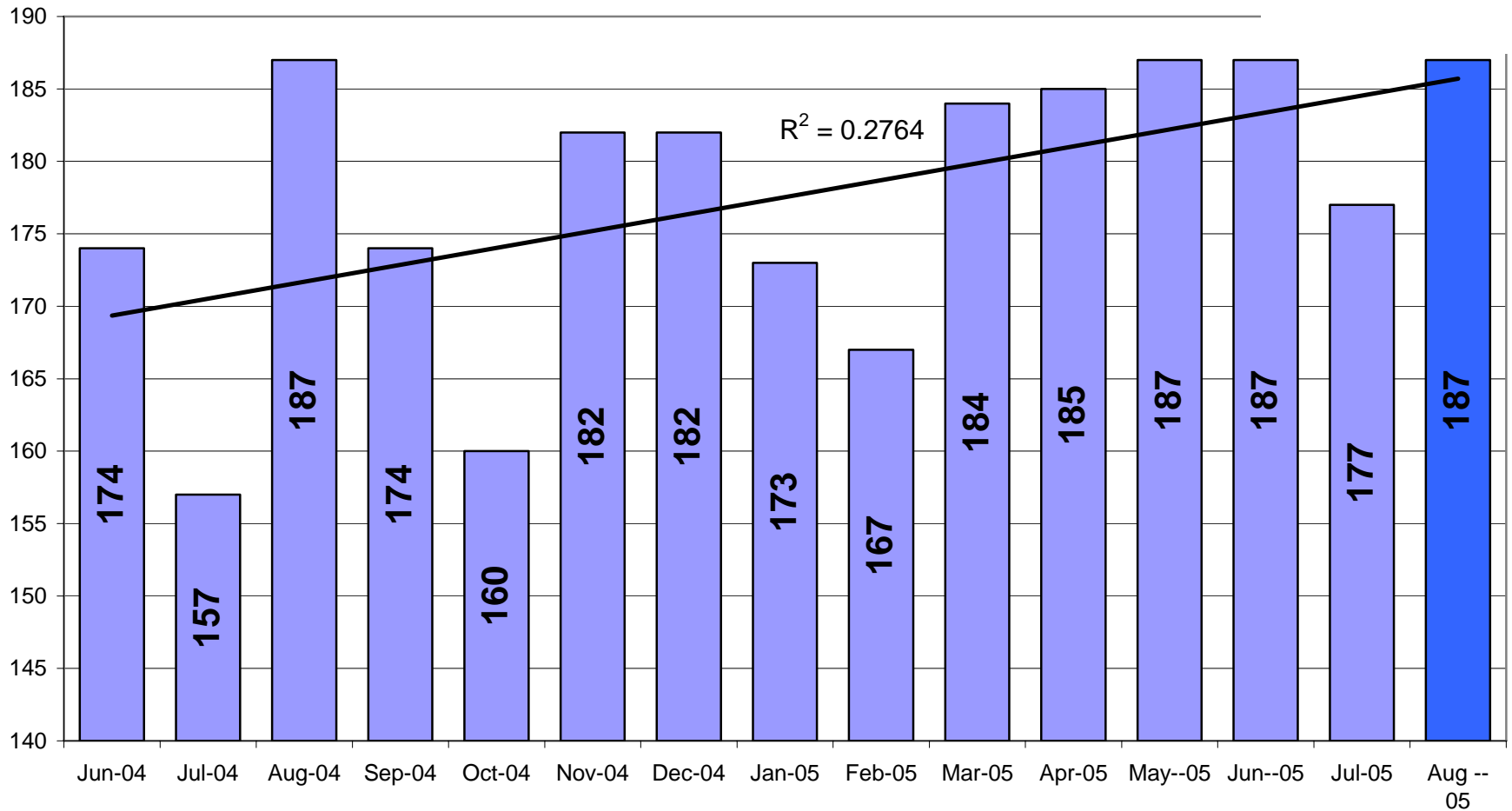


People Served Per Month in Community Support - Substance Abuse

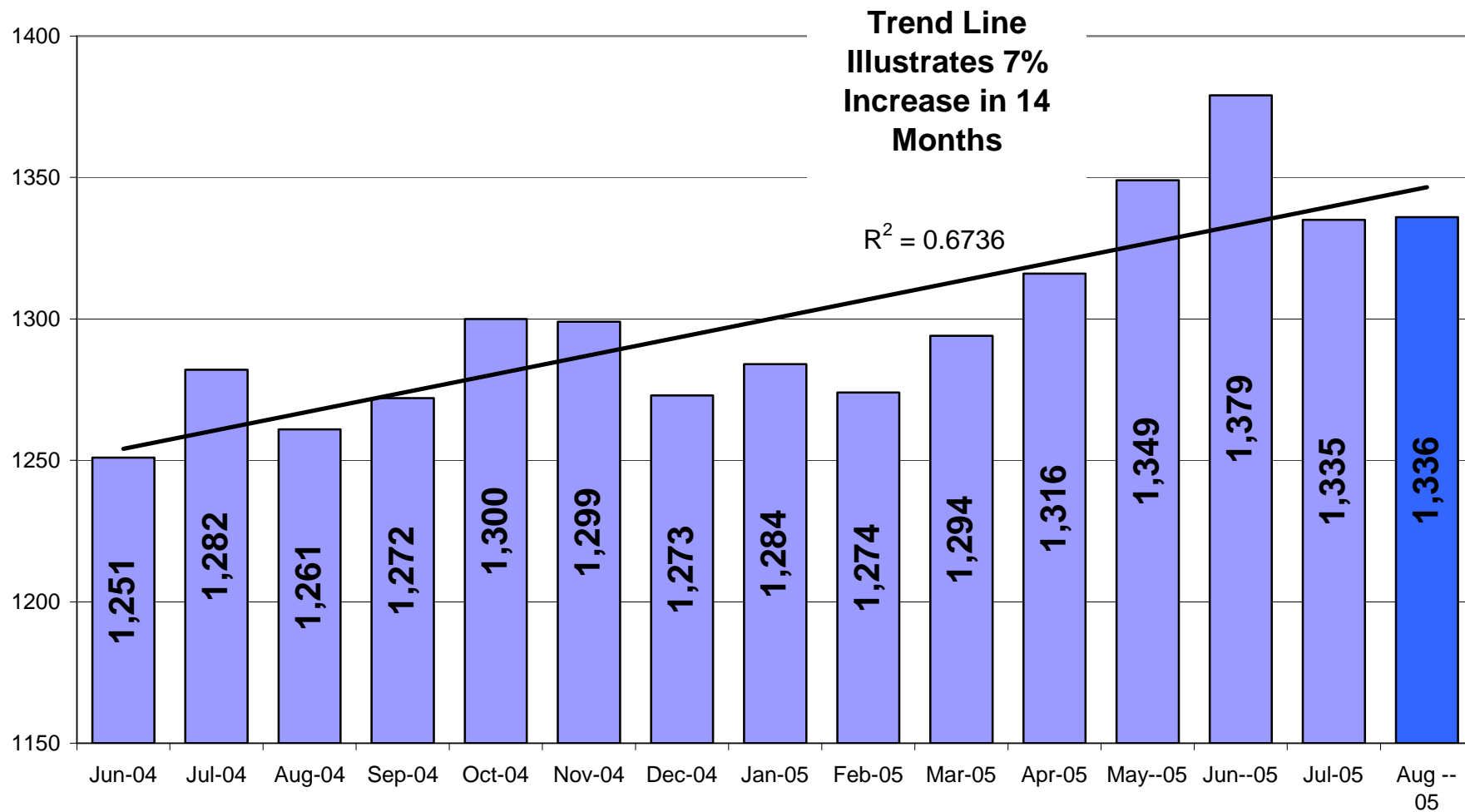


People Served Per Month in Short Term Residential

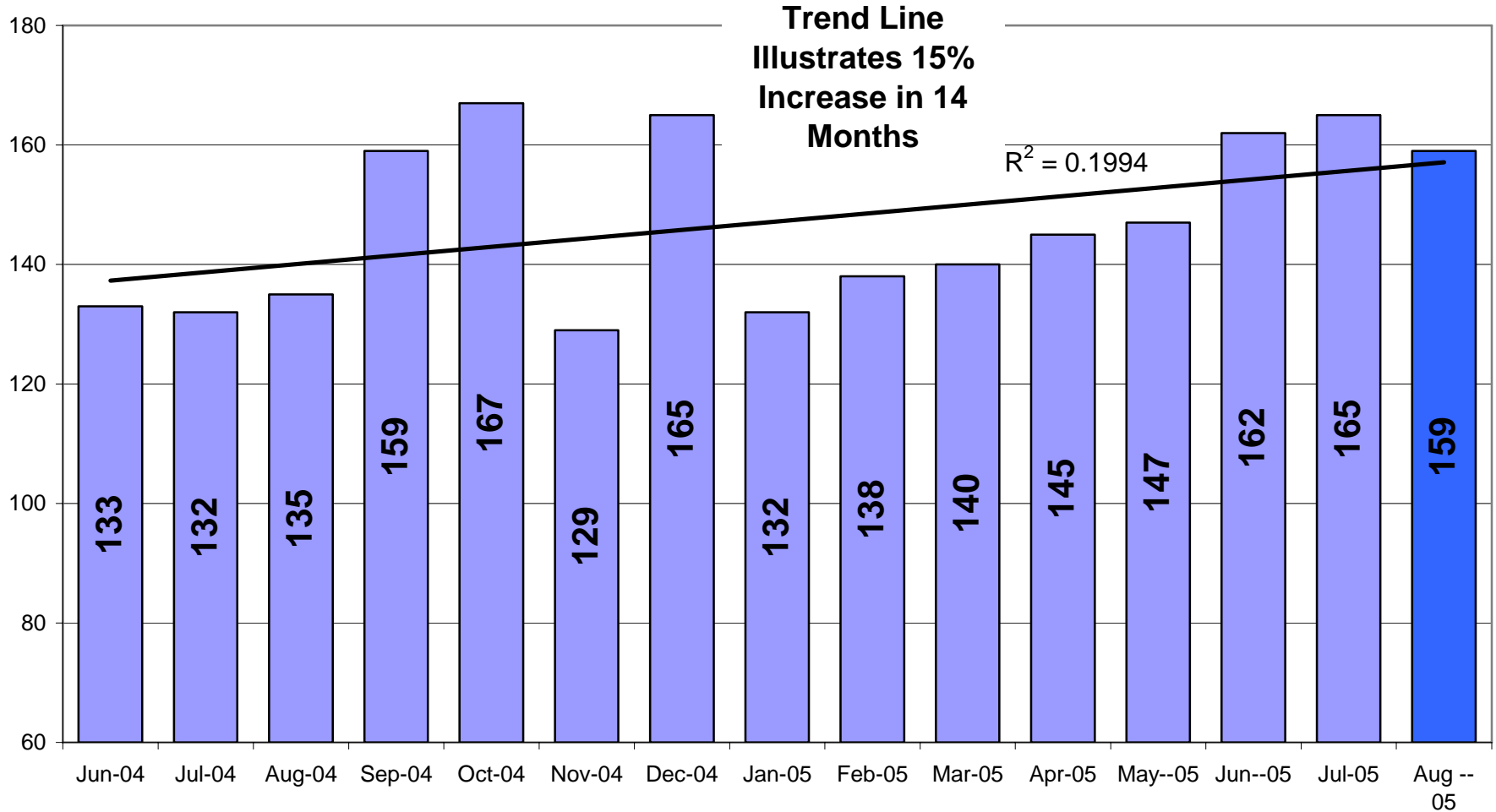
Trend Line
Illustrates 10%
Increase in 14
Months



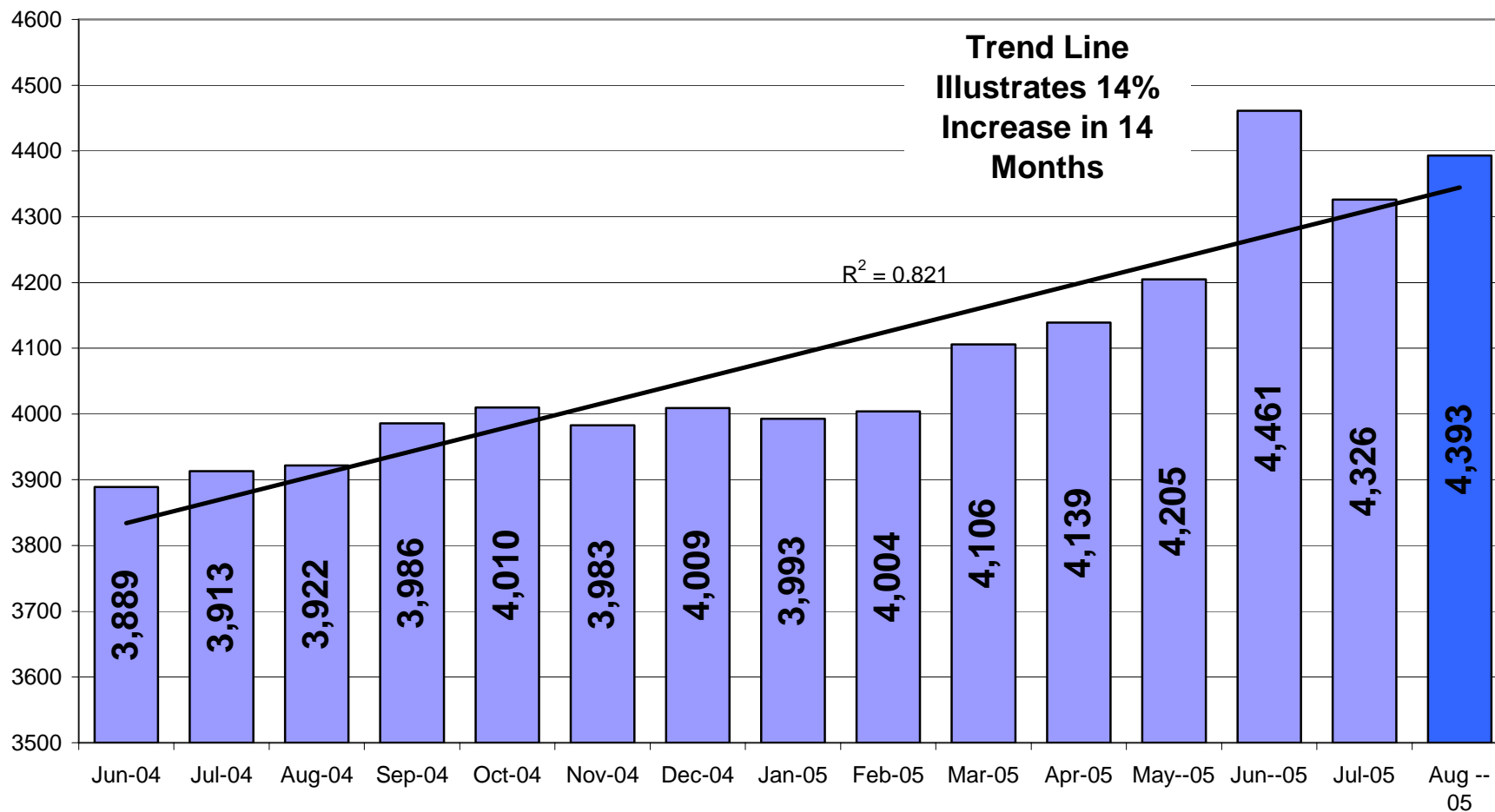
People Served Per Month in Day Rehabilitation Services



People Served Per Month in Psychiatric Residential Rehabilitation



Total People Served (Duplicated) Per Month in Community Services



ISS

- **Final Draft of Service Definition and Utilization Criteria Completed**
- **Next Steps:**
 1. **Consumer Review of Service Definition and Utilization Criteria**
 2. **Development of Staff Training Curriculum**
 3. **RFI**



Housing Related Assistance Program

- There is capacity in all six Regions to start providing Housing-related assistance to adults with serious mental illness who are very low-income consistent with LB40 (2005).
- The Division of Behavioral Health Services has FY2006 contracts in place with all six Regional Behavioral Health Authorities for the Housing Related Assistance.
- The LB40A section 5 one-time funds for new construction, acquisition, or rehabilitation of housing to assist very low-income adults with serious mental illness have been distributed to all six Regions.
- The six Regions are now organized consistent with the "State Rental Assistance Transition Voucher Program Guidelines" (From July 1, 2005 to June 30, 2006) to offer the housing related assistance. These guidelines are posted on the HHSS web site at <http://www.hhs.state.ne.us/beh/Housesum.htm>.

Regional Housing Coordination



Region	Contact Information
Region 1	Nancy Bentley Scotts Bluff County Housing Authority 89A Woodley Park Road Gering, NE 69341 (308) 632 - 0473
Region 2	Martin O'Haus West Central Nebraska Joint Housing Authority PO Box 599 Ogallala, NE 69153 308 - 284 - 6078
Region 3	Denise Anderson Regional Housing Program Coordinator Region 3 Behavioral Health Services PO Box 2555 Kearney, NE 68848 - 2555 308 - 237 - 5113, ext. 232
Region 4	Melinda Crippen Emergency System Coordinator Region IV Behavioral Health Systems 206 Monroe Avenue Norfolk, NE 68701 (402) 370 - 3100 ext. 122
Region 5	John Turner Housing Specialist Region V Systems 1645 N Street Suite A Lincoln, NE 68508 (402) 441 - 4360
Region 6	Marcia Buresh Community Alliance Housing Management Services 4001 Leavenworth Street Omaha, NE 68105 402 - 341 - 5128

Contracts for Housing Related Assistance with the six Regional Behavioral Health Authorities for FY2006 (July 1, 2005 to June 30, 2006)

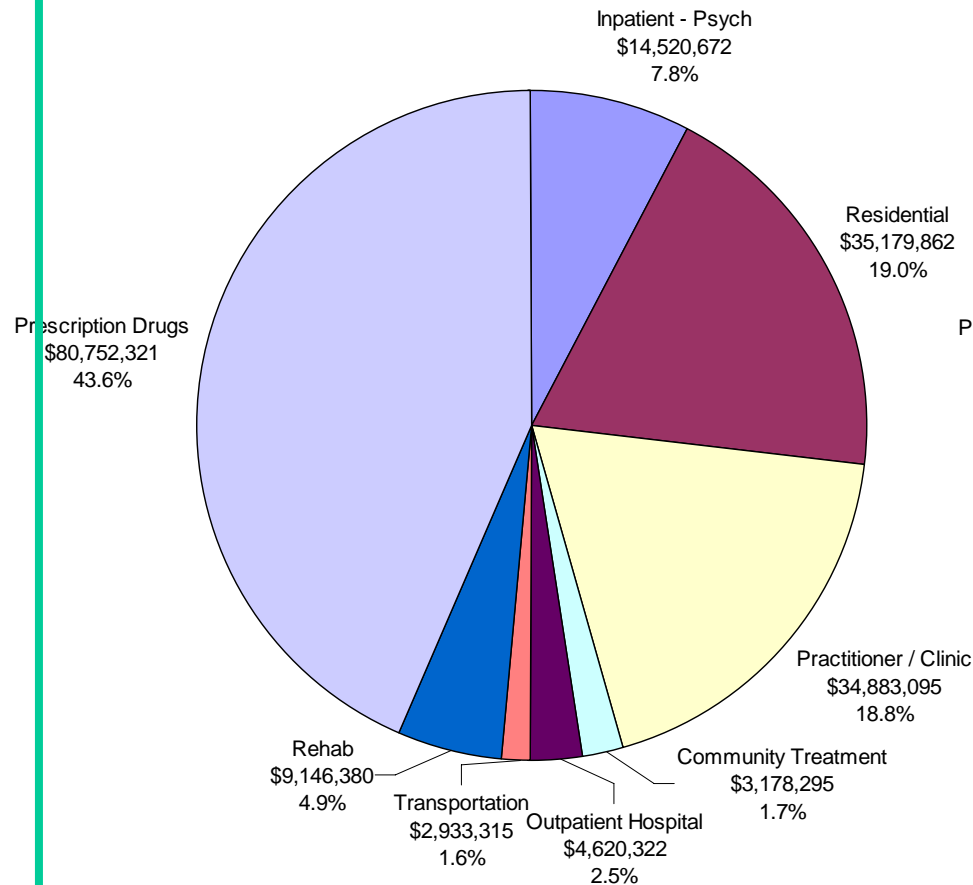
Region	Housing Related Assistance	Estimated Minimum # of Vouchers	LB40A One Time Funding	Total FY2006 Allocations	Percentage
1	\$88,100	14	\$97,785	\$185,885	5.0%
2	\$88,100	14	\$110,700	\$198,800	5.4%
3	\$268,600	46	\$239,850	\$508,450	13.7%
4	\$268,600	46	\$232,470	\$501,070	13.5%
5	\$444,800	75	\$446,490	\$891,290	24.1%
6	\$696,800	123	\$717,705	\$1,414,505	38.2%
Rg Total	\$1,855,000	318	\$1,845,000	\$3,700,000	100%
Reserve	\$145,000	28			
Total Funds	\$2,000,000	346			

MEDICAID

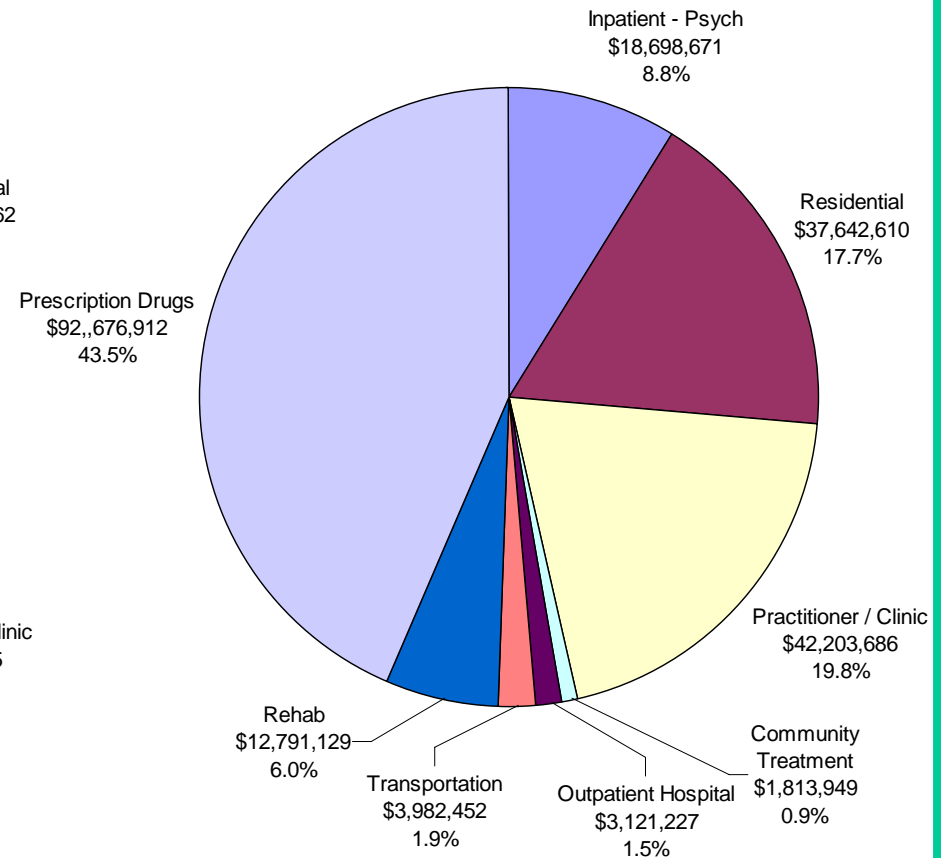
- Medicaid Expenditures for Behavioral Health Services by Service Category for FY 05 and FY 06
- MRO and Adult Substance Abuse Claims Paid by Region and Service Type for September 2005
- Nebraska Medicaid Expenditures for Adult Substance Abuse March 2005 – September 2005
- Medicaid Behavioral Health Prescription Drug Expenditures by Therapeutic Class for FY 2003 and FY 2004
- Medicaid Expenditures for Behavioral Health Services by Age Group for FY 2004 and FY 2005

Nebraska Medicaid Expenditures for MH/SA Services by Service Category Claims Paid in State Fiscal Year 2004 & 2005 (All Ages)

FY2004 Total: \$185,214,261



FY2005 Total: \$212,930,637



Nebraska Medicaid MRO and Adult Substance Abuse Claims Paid by Region and Service Type September 2005 (Includes Payments Through October 3)

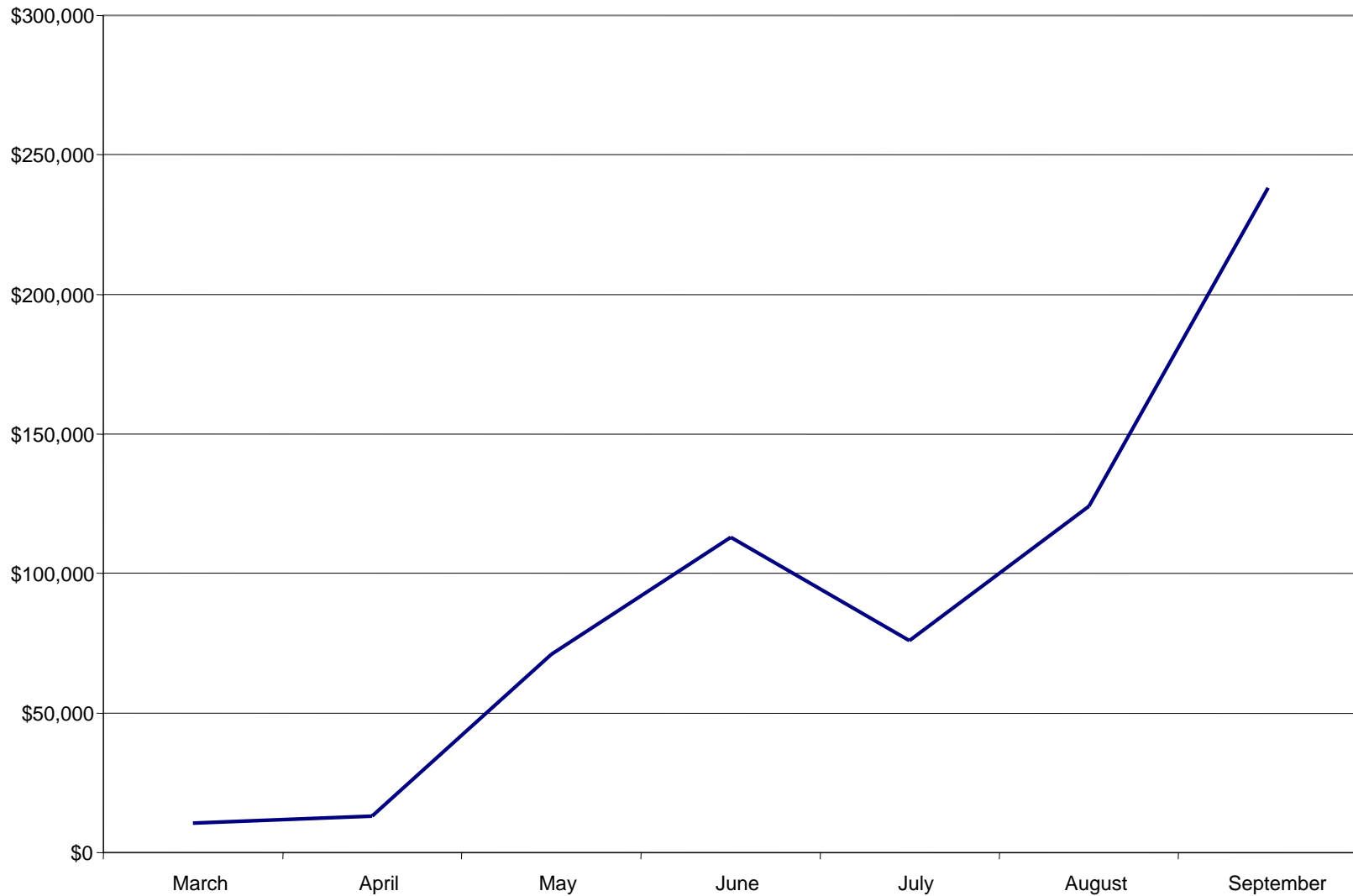
	Region						
	1	2	3	4	5	6	Total
MRO							
Assertive Community Treatment	\$0	\$0	\$119,625	\$0	\$0	\$82,032	\$201,657
Community Support	\$1,515	\$505	\$1,998	\$245	\$5,554	\$1,730	\$11,547
Day Rehab	\$15,785	\$21,237	\$70,281	\$86,186	\$39,731	\$191,844	\$425,063
Residential Rehab	\$0	\$0	\$24,016	\$48,629	\$33,981	\$261,382	\$368,007
Subtotal	\$17,300	\$21,741	\$215,919	\$135,060	\$79,266	\$536,988	\$1,006,274
Adult Substance Abuse							
Alcohol/Drug Assessment	\$328	\$100	\$709	\$1,600	\$209	\$844	\$3,790
Community Support	\$828	\$414	\$1,035	\$5,798	\$3,727	\$4,969	\$16,772
Detox	\$2,065	\$0	\$0	\$1,545	\$309	\$1,082	\$5,000
Family Therapy	\$0	\$0	\$77	\$0	\$0	\$0	\$77
Group Therapy	\$1,041	\$0	\$438	\$0	\$2,856	\$3,364	\$7,698
Individual Therapy	\$4,112	\$823	\$5,203	\$0	\$295	\$2,425	\$12,858
Intensive Outpatient	\$146	\$0	\$0	\$341	\$658	\$1,823	\$2,968
Long-Term Residential	\$0	\$0	\$0	\$0	\$56,784	\$5,350	\$62,135
Short-Term Residential	\$14,505	\$0	\$3,654	\$21,824	\$47,229	\$39,667	\$126,879
Subtotal	\$23,024	\$1,337	\$11,116	\$31,108	\$112,068	\$59,524	\$238,176
Total	\$40,324	\$23,079	\$227,035	\$166,168	\$191,333	\$596,511	\$1,244,450

Nebraska Medicaid MRO and Adult Substance Abuse Claims Paid by Service Type

September 2005 (Includes Payments Through October 3)

	Net Amount Paid	Total Units	Average # of Days Receipt of Claim to Payment
MRO			
Community Support	\$11,547	46 months	12.8
Day Rehab	\$425,063	11,499 days	12.8
Residential Rehab	\$368,007	3,702 days	11.4
Assertive Community Treatment	\$201,657	5,160 days	12.7
Subtotal	\$1,006,274		12.6
Adult Substance Abuse			
Alcohol/Drug Assessment	\$3,790	25 assessments	11.6
Community Support	\$16,772	113 days	15.8
Detox	\$5,000	38 days	13.4
Family Therapy	\$77	1 hours	4.0
Group Therapy	\$7,698	357 hours	11.5
Individual Therapy	\$12,858	231 hours	12.1
Intensive Outpatient	\$2,968	136 hours	12.7
Long-Term Residential	\$62,135	505 days	8.9
Short-Term Residential	\$126,879	814 days	12.1
Subtotal	\$238,176		12.4
Total	\$1,244,450		12.5

Nebraska Medicaid Expenditures for Adult Substance Abuse Claims Paid March 2005 - September* 2005

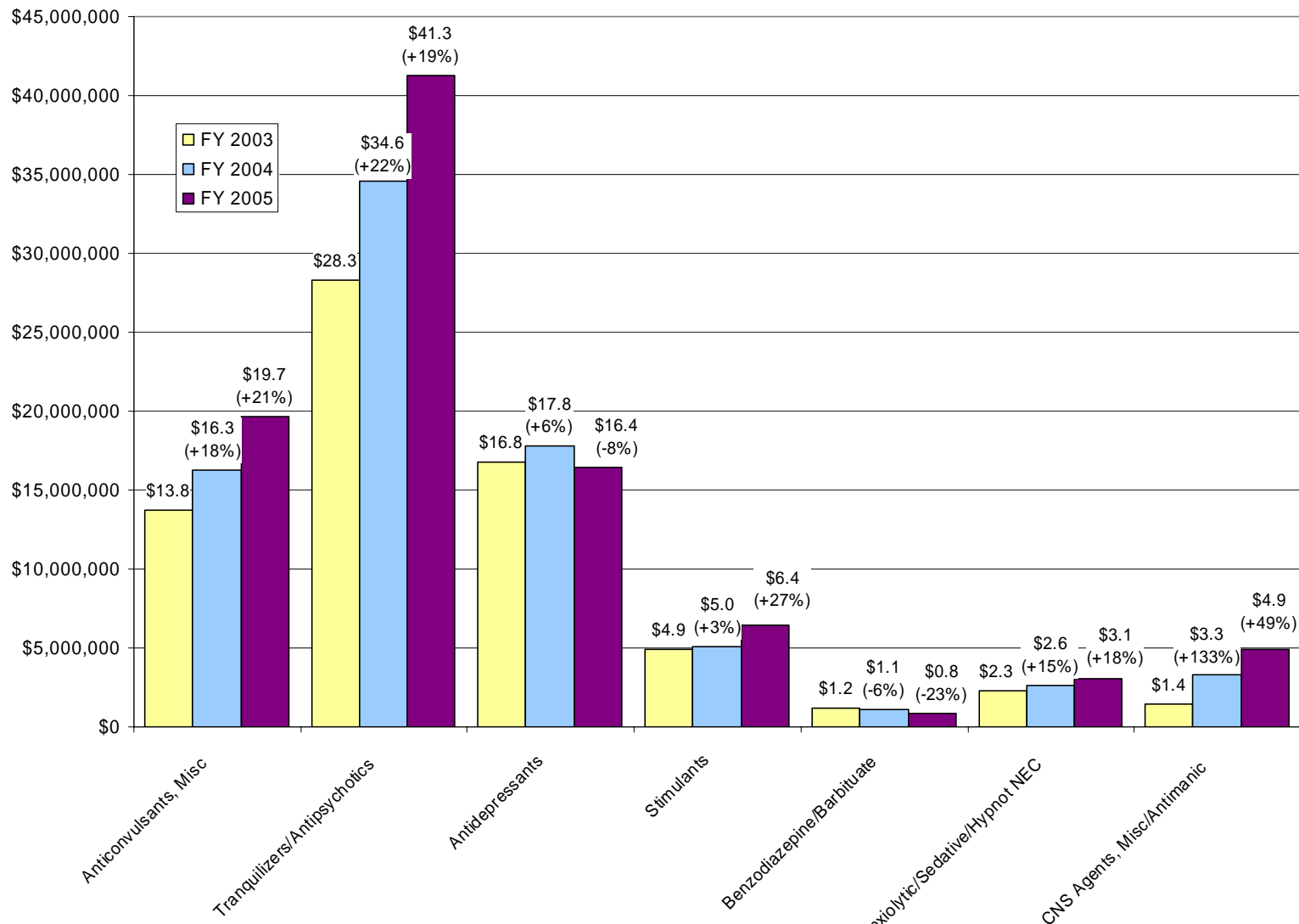


*September includes payments through October 3

October 14, 2005

HHSS Division of Behavioral Health Services

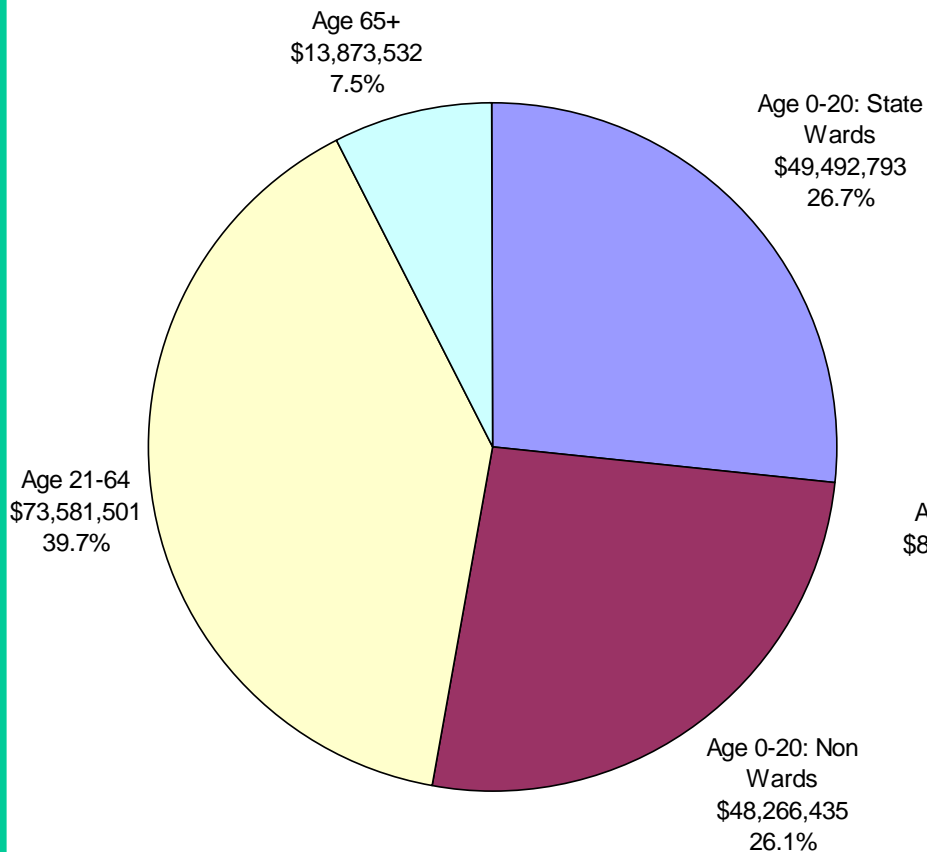
Nebraska Medicaid MH/SA Prescription Drug Expenditures by Therapeutic Class State Fiscal Years 2003-2005 (All Ages) (Numbers Above Bars Represent Expenditures in Millions of Dollars)



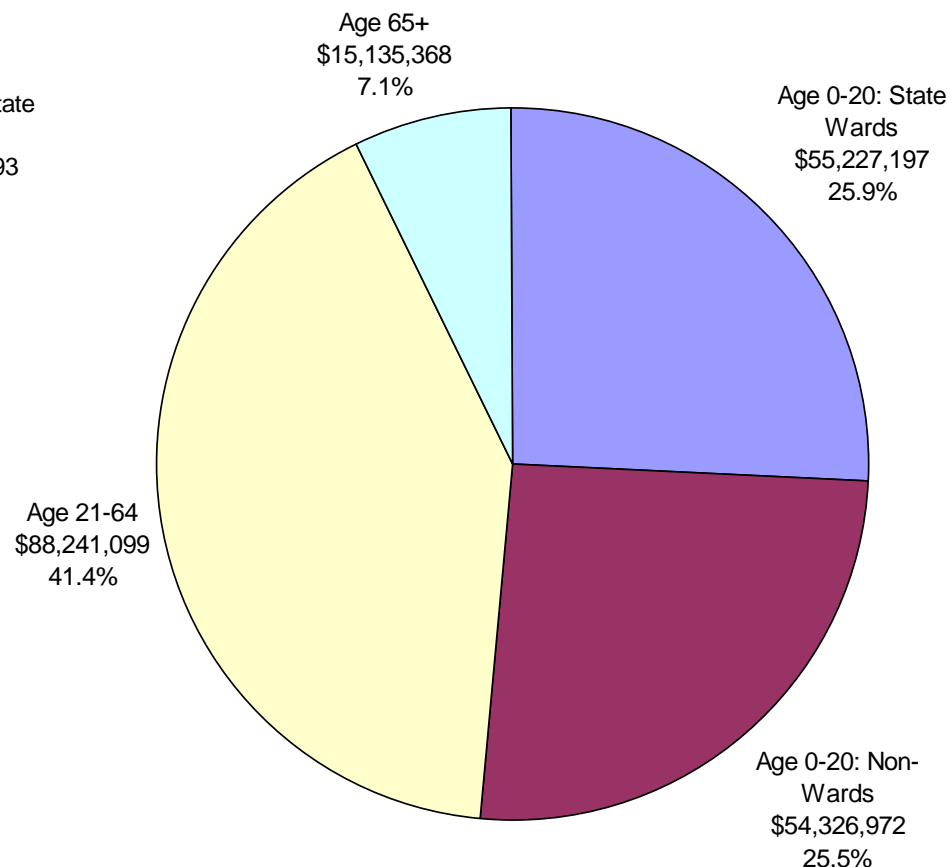
Nebraska Medicaid Expenditures for MH/SA Services by Age Group

State Fiscal Year 2004 & 2005

FY2004: \$185,214,261



FY2005: \$212,930,637



STRATEGY FOR REDUCING SERVICES AT NORFOLK REGIONAL CENTER

The strategy for reducing the demand for services at Norfolk Regional Center consists of these major initiatives:

- 1. Management of Admissions to Regional Centers**
- 1. Creation of new services in Region 4 and 6 specifically designed to reduce the need for admissions to NRC**
- 2. The increased involvement by the Department's ASO and the regions in working with discharge ready consumers at regional centers to expedite their transition to community based services.**

MANAGEMENT OF ADMISSIONS TO REGIONAL CENTERS

1. The “Admission List” for admission list to HHSS Behavioral Health Services will be maintained by the Transition Care Coordinator of the Division of Behavioral Health Services.
2. All Admissions to HHSS Behavioral Health Services must be:
 - a. Authorized by Magellan Behavioral Health for acute and subacute levels of care.
 - b. Approved for admission by the Region in which the individual to be admitted resides
 - c. Approved by the Division of Behavioral Health Service

Region 6 Additional Capacity FY 06

Service	Annual Capacity	Estimated Start Date*	Provider(s)	Average Length of Stay
Inpatient Subacute (in addition to Telecare)	16 beds	December 2005	TBD	21 Days
Dual Disorder	8 beds	October 2005	Catholic Charities	6 Months
Short-Term Residential	8 beds	October 2005	NOVA TC	14 to 45 days
Short-Term Residential Enhanced	8 beds	September 2005	Catholic Charities	14 to 45 days
Crisis Respite Residential	6 beds	September 2005	Salvation Army	30 Days
Intensive Community Services	28 persons	September 2005	Community Alliance	Varies
Psychiatric Residential Rehabilitation	20 beds	September 2005	Community Alliance	6 to 18 Months
Emergency Community Support	15 persons	October 2005	Salvation Army	90 days
Day Rehabilitation	100 persons	October 2005	Community Alliance	6 to 12 Months
Outpatient and Medication Management	110 persons	October 2005	Catholic Charities	Varies
Intensive Outpatient	10 slots	October 2005	TBD	6 to 8 Weeks

Region 6 Additional Capacity FY 06

Service	Annual Capacity	Costs		
		Operational	Start Up	Total
Inpatient Subacute (in addition to Telecare)	16 beds	\$ 1,510,425	\$ 515,000	\$ 2,025,425
Dual Disorder	8 beds	\$ -	\$ -	\$ -
Short-Term Residential	8 beds	\$ 392,500	\$ 28,000	\$ 420,500
Short-Term Residential Enhanced	8 beds	\$ 53,534	\$ -	\$ 53,534
Crisis Respite Residential	6 beds	\$ 249,550	\$ 56,000	\$ 305,550
Intensive Community Services	28 persons	\$ 259,000	\$ 29,500	\$ 288,500
Psychiatric Residential Rehabilitation	20 beds	\$ -	\$ -	\$ -
Emergency Community Support	15 persons	\$ 50,000	\$ 5,000	\$ 55,000
Day Rehabilitation	100 persons	\$ 553,425	\$ 200,000	\$ 753,425
Outpatient and Medication Management	110 persons	\$ 120,000	\$ -	\$ 120,000
Intensive Outpatient	10 slots	\$ 111,000	\$ -	\$ 111,000
TOTAL *		\$ 3,299,434	\$ 833,500	\$ 4,132,934

Region 6 Behavioral Health Comparisons (Adult Services)

Current Services Funded by Region 6		Reform Services	Additional Proposed Services		
MH Residential	Capacity	Capacity	Capacity	Estimated Start Date	Provider
Psychiatric Res Rehabilitation	79 beds	20	Additional 20	Nov 2005	Community Alliance
Transitional Residential (TRP)	10 beds		Additional 6	Nov 2005	Salvation Army
SA Residential					
Halfway House	40 beds				
Intermediate Residential	18 beds				
Short Term Residential	28 beds		Additional 8	Sep 2005	NOVA
Short Term Residential (Enh)	N/A		Additional 8	Aug 2005	Catholic Charities
Therapeutic Community	16 beds				
Co-Occurring Residential					
Dual Disorder Residential	N/A	16	Additional 8	Aug 2005	Catholic Charities
Non Residential/Emergency Services					
Crisis Stabilization	10 beds				
Emergency Community Support	30 slots	30	Additional 30	Oct 2005	Salvation Army
EPC/BOMH/Acute Inpatient	75 beds				
Protective Custody (CPC/EPC)	10 beds				
Social Detox	19 beds				
Subacute Services	N/A	16	Additional 16	Jan 2006	Telecare
Urgent Medication Management	50 slots				
Urgent Outpatient	70 slots				

Region 6 Behavioral Health Comparisons (Adult Services)

Non Residential					
ACT	70 slots	30			
Community Support/MH	345 slots	80			
Community Support/SA	50 slots				
Day Rehabilitation	300 slots	47	Additional 100	Oct 2005	Community Alliance, Friendship
Day Treatment	15 slots				
Intensive Community Support/MH	N/A		Additional 28	Sep 2005	Community Alliance, Salvation Army
Intensive Outpatient/SA	40 slots		Additional 10	Oct 2005	Lutheran Family Services
Medication Management	1152 slots	Additional slots	Additional slots	Oct 2005	Catholic Charities, Lutheran Family Svcs
Methadone Maintenance	225 slots				
Outpatient/MH	828 slots		Additional slots	Oct 2005	Catholic Charities, Lutheran Family Svcs
Outpatient/SA	1760 slots				